



Bread and Water for Africa[®]
Providing a Brighter Future for Africa's Children

2016 Annual Report



Morning assembly at Rutile school in Sierra Leone-2016

BREAD AND WATER FOR AFRICA® MISSION

The mission of Bread and Water for Africa® is to promote positive change in Africa by supporting and strengthening grassroots initiatives for community self-sufficiency in health and education.



Students at the Albert Academy Library; Freetown, Sierra Leone - 2016

MESSAGE FROM THE EXECUTIVE DIRECTOR

Greetings Friends and Supporters,

The following pages of the Bread and Water for Africa® Fiscal Year 2016 Annual Report highlight our mission in action and the impact it has made on the lives of thousands of orphaned and abandoned children, families as well as entire communities in several countries throughout sub-Saharan Africa.

Since our formation in 1997, Bread and Water for Africa® has worked diligently to fund programs that offer creative solutions to meet the needs of those struggling to survive in the most difficult and challenging circumstances imaginable.

We support relief and development efforts that are self-sustaining. Funding projects that then become self-sufficient following our initial capital investment better enables Bread and Water for Africa® to finance new and innovative ventures across the entire continent.

Loyal and generous supporters such as you make it possible for Bread and Water for Africa®, working with our program partners, to positively impact the lives of tens of thousands of children, women and men in a multitude of ways.

As you will read in more detail, Bread and Water for Africa® has continued to provide support to our long-time partners in Kenya: the Lewa Children's Home, KipKeino Primary School Baraka Farm; as well as the Kabwata Orphanage and Transit Centre in Zambia, the Shinga Development Trust in Zimbabwe, the Faith Healing Development Organization (FHDO) in Sierra Leone, and others.

Also during the past year, we have expanded assistance into other countries including Malawi where we supported vocational training programs, and Chad, among the poorest countries in the world, where we paid school fees for more than 100 primary and secondary school students.

Perhaps the most innovative and successful project we funded this past year was one enabled our partner in Zambia to dig two ponds to raise thousands of tilapia fish to feed the children at the Kabwata Orphanage, as well as to sell the surplus in the local community where fish is on the dinner table practically every day. We are pleased to report that after the very first harvest, the fish farm is already self-sufficient.

My greatest joy is to be able to occasionally visit with our partners and meet with the people we serve. This year, I traveled to Sierra Leone, spending several days

with FHDO Executive Director Rev. Frances Mambu. While I always enjoy meeting with children who are receiving healthcare and an education at clinics and schools supported by Bread and Water for Africa®, I have to say that the highlight of my trip to Sierra Leone was meeting with hundreds of female farmers who receive assistance from FHDO to better tend to their small plots of land.

Visiting a clinic in Sierra Leone, I must admit, I was shocked to find about 300 mothers with young children waiting for service from the only two nurse practitioners available, but it warmed my heart to realize that there were dozens of women and children being treated there that day who but for this clinic would have no healthcare services at all.

I am also very grateful, as you read this annual report, to be able to express my deep gratitude and appreciation to people such as yourself, our steadfast supporters, for placing your trust in Bread and Water for Africa® and partnering with us to reduce poverty. Your generosity and compassion literally saves lives – such as Rukia's, who you will read about, and who you will never meet, living halfway around the world.

On behalf of our Board of Directors, our international spokesperson Phyllis Keino, founder of the Lewa Children's Home, our dedicated volunteers and staff, and, most importantly the thousands of children and families we served in 2016, I offer a heartfelt "Asante Sana" (thank you in Swahili) for making a difference in the lives of so many.

I look forward to your continued partnership as we work to build a future filled with hope for the children of Africa.



Visiting Christian Health Association Hospital; Panguma, Sierra Leone- 2016

Sincerely,

Bethlehem Tessema

Bethlehem Tessema
Executive Director

WHO WE ARE

Since our inception 19 years ago, Bread and Water for Africa® has been committed to promoting positive changes in Africa. Through the generosity of our donors, Bread and Water for Africa® supports and strengthens impoverished communities and through our partnerships with local grassroots organizations, promotes self-sufficiency and improvements in health, education, clean water development, agricultural best practices and sustainable energy.



THE CHALLENGES

- In sub-Saharan Africa, approximately 400 women die each day from preventable causes related to pregnancy and childbirth. The risk of maternal mortality is highest for girls under 15 years old and complications from pregnancy and childbirth are the leading cause of death among adolescent girls in developing countries.
- Children in sub-Saharan Africa are more than 15 times more likely to die before the age of 5 than children in developed countries. More than half of under-five child deaths are due to diseases that are preventable and treatable through simple, affordable interventions.
- One third of young people in sub-Saharan Africa – more than 56 million people ages 15 to 24 – fail to complete primary school and lack skills for employment.
- 40 percent of the 783 million people in sub-Saharan Africa have access to an improved source of drinking water. Piped-in water is non-existent in the poorest 40 percent of households, and less than half of the population use any form of improved source of water.
- 115 people in Africa die every hour from diseases linked to contaminated water, poor sanitation and poor hygiene. In sub-Saharan Africa more than a quarter of the population spends more than half an hour per round trip to collect water.
- Malnutrition is linked to nearly half of all childhood deaths. Children who are malnourished are smaller and more likely to get very sick from ordinary infections and the brain development could be affected.

¹ <http://www.who.int/mediacentre/factsheets/fs348/en/>

² <http://www.who.int/mediacentre/factsheets/fs178/en/>

³ <http://en.unesco.org/gem-report/one-third-young-people-sub-saharan-africa-fail-complete-primary-school-and-lack-skills-work>

⁴ <http://www.un.org/waterforlifedecade/africa.shtml>

⁵ <http://www.un.org/waterforlifedecade/africa.shtml>

⁶ <http://www.unicefusa.org/mission/survival/nutrition>



OUR PROGRAMS



Orphan Care Program

Provide loving homes for orphaned and abandoned children, including the basic necessities of food, clean water, health care, and an education so they can build a better life as they enter adulthood.



Education Program

Offer quality education at preschool, primary and high school levels, as well as vocational training to give children and young adults the best opportunities for self-sufficiency.



Clean Water Program

Build clean water wells to provide life's most vital resource.



Agriculture Program

Train individuals in sustainable farming methods to provide food for their families and surplus to sell at local markets.



Healthcare Program

Provide essential medicines, medical supplies and equipment in order to save lives.



Income Generating Program

Provide the initial funding to our program partners to create income generating projects to help sustain their program's future funding needs.



Fish Farming

To build community food security and self-sufficiency.



Basic Relief

Provide basic relief support for unexpected disasters.



Kenneth from Kabwata Orphanage; Lusaka, Zambia- 2014

WHERE WE WORK

OUR CURRENT PARTNERS

Cameroon and Chad

Hope Services
Hope Outreach Foundation

Ethiopia

Haramaya University Health Center

Kenya

Baraka Farm
Kipkeino Primary School
Lewa Children's Home
Kebeneti Clinic and Secondary School

Malawi

River of Life Evangelical Church

Sierra Leone

Christian Health Association of Sierra Leone
Faith Healing Development Organization
United Methodist Church Development Office

Zambia

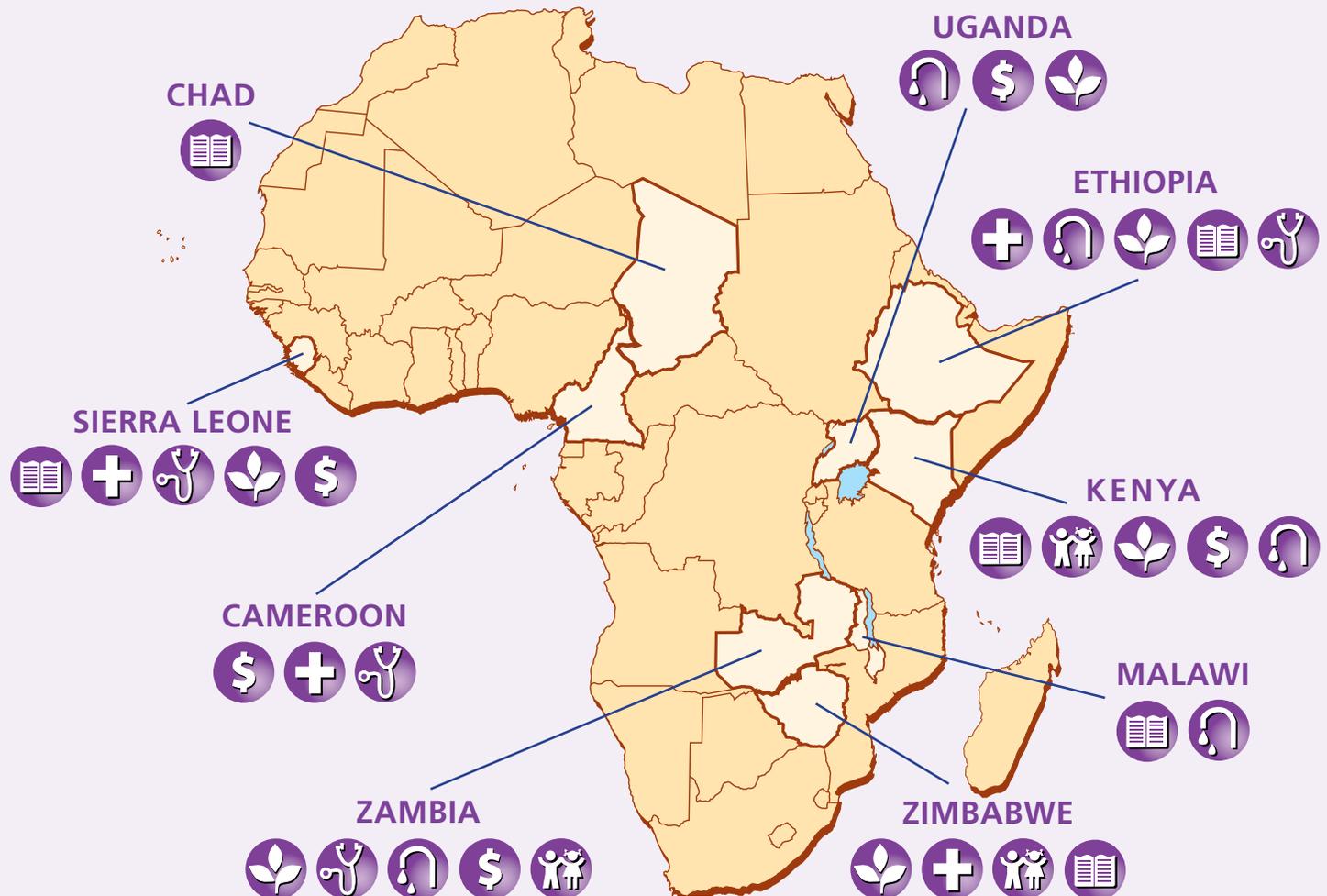
Kabwata Orphanage and Transit Centre

Zimbabwe

Shinga Development Trust

"Bread and Water for Africa® has been building sustainable solutions for about twenty years by empowering grassroots initiatives at the micro and meso -levels in Sub-Saharan Africa. Even though the journey has been challenging and overwhelming sometimes, the results have been rewarding and so many lives have been saved and changed. We are VERY grateful to all our donors and supporters for the rewarding journey and enabling us to fight the good fight."

Bethlehem Tessema



ORPHAN CARE



For nearly two decades, Bread and Water for Africa® partners operating on the grassroots level in African villages and local communities have been working to provide loving homes for orphaned and abandoned children. This includes the basic necessities of food, clean water and health care, as well as an education so they can build better lives as they enter adulthood.

Kabwata Orphanage and Transit Centre; Lusaka, Zambia-2016



2016 ORPHAN CARE HIGHLIGHTS

- 74 children lived at the Lewa Children's Home in Eldoret, Kenya and received food, health care, education and other basic needs. In addition, 14 destitute and orphaned children were supported through foster care arrangements in the local community.
- 93 orphaned and abandoned children lived at the Kabwata Orphanage and Transit Centre in Lusaka, Zambia, which provided for all their basic needs, including education and vocational training.
- 207 children benefitted from an orphan feeding outreach program operated by Shinga Development Trust in Mutare, Zimbabwe.



"Your partnership with Shinga Development Trust/ Lerato Children's Village is greatly appreciated by us in Zimbabwe. You have helped us make our dream come true – the provision of an excellent home for orphaned children. Thank you very much and may God richly bless you."
Margaret Makambira, Shinga Development Trust Founder and Executive Director

Lewa Success Story -- Rukia

Rukia was abandoned when she was only 7 years old and the first home she can remember was the Moi Teaching and Referral Hospital in Eldoret.

"When I came to Lewa Children's Home, I felt good," Rukia said. "I attended KipKeino Nursery School and I have continued learning there up to now, where I am in Class 6."

At Lewa, Rukia has everything she needs.

"I am happy," she says. "We are fed well every day, we eat a balanced diet, and we are given enough clothes and shoes."

"We are not all the same age, there are small babies brought to the home and I enjoy helping them in the mornings and evenings because I love babies so much."

"In the mornings when we wake up we are well, we play in a clean field, the place where we sleep is clean, we have cupboards to put our clothes, and there are toilets."

In school, her favorite subject is Christian Religious Education where she learns about the Bible and the story of Jesus and his disciples.

"We learn how God created the earth and we learn so many things I can share with others," she said.

She does acknowledge that some subjects are more challenging for her than others.

"I learn well, but sometimes I can't understand some subjects," she told us.

Only a sixth-grader, Rukia already has big dreams for her future.



Rukia, 2016

"When I grow up I want to be a doctor because I want to help those who are sick," Rukia said. "I want to treat them so that they can enjoy their life again. Even when my family, friends, relatives and others become sick, I would like to treat them so that they can be healed."

Rukia has many more years to make her dream a reality.

For now, she can enjoy being a child without worry or fear for the future thanks to Lewa founder and director Phyllis Keino, international spokesperson for Bread and Water for Africa®.

"I cannot remember where I lived, or my family, but I know my home is the Lewa Children's Home," Rukia said. "Life here at Lewa is cool and I love being here."

HEALTH CARE AND CLEAN WATER DEVELOPMENT



Access to adequate healthcare services in communities of sub-Saharan Africa is vital to the survival of the residents there, especially infants and children under five years old and their mothers. The most common illnesses treated in Fiscal Year 2016 included malaria, Typhoid fever, hypertension, gastritis, measles, respiratory tract infections and HIV/AIDS. Thanks to the generosity of our supporters, Bread and Water for Africa® is able to provide our partners with life-saving medicines, medical supplies and equipment.



2016 HEALTH CARE AND CLEAN WATER DEVELOPMENT HIGHLIGHTS

- More than 76,000 people received medical care, counseling, and education relating to preventative health care in clinics and hospitals throughout Sierra Leone, by partnering with Faith Healing Development Organization, the United Methodist Church, and the Christian Health Association of Sierra Leone through BWA's medical supplies and medicine donations.
- More than 3,000 students at the Hill Station primary and secondary schools and residents from the surrounding communities will benefit annually with clean water that is being provided by a well dug on the school campus.
- An estimated 86,000 Ethiopians received medical services and treatments through the Haramaya University health care program, which operates five hospitals and a clinic with medicines and medical supplies and equipment shipped to the country by Bread and Water for Africa®.



Christian Health Association of Sierra Leone member hospitals and clinics serve a huge number of patients. Often we are their only option for medical care. Often they are chosen because they will care for those who don't have money. Donations like these [medicine, medical supplies and equipment] keep the doors open."

Dr. Karen Asher, a volunteer at Christian Health Association of Sierra Leone.

AGRICULTURE AND FOOD SECURITY



Many of the poor living in rural Africa, if nothing else, have a small tract of land to call their own. Bread and Water for Africa® partners are working to provide training on how to get the most from that small plot by using best practices and sustainable farming methods to not only provide food for their families, but in many instances, enough surplus to sell at the local market.



"Agriculture is the backbone of the country [Sierra Leone] but farming is mostly rudimentary and output very low. Your donation to boost agriculture in the development is warmly appreciated by the people of Sierra Leone."

Reverend Francis A. M. Mambu,
Executive Director of Faith Healing
Development Organization

2016 AGRICULTURE AND FOOD SECURITY HIGHLIGHTS

- 162 local farmers in Eldoret, Kenya received training through the Baraka Farm Practical Dairy Training Program to increase milk production in their small herds through classes and hands-on training in calf rearing, milking and milk hygiene, cattle feeding and Napier grass management.
- 500 local female farmers in villages in rural Sierra Leone benefited by Faith Healing Development Organization's cultivation of 100 acres of rice. In addition, these women farmers were also provided with cassava seedlings in order to grow the nutritious tuber plant on their small tracts of land to feed their families.
- 5,000 tilapia fish were harvested from the first batch of a fish farming project operated by the Kabwata Orphanage and Transit Centre, to feed orphans living at the orphanage and raise revenue by selling the surplus fish in the local community to support the orphanage and sponsor children living in foster care.

EDUCATION

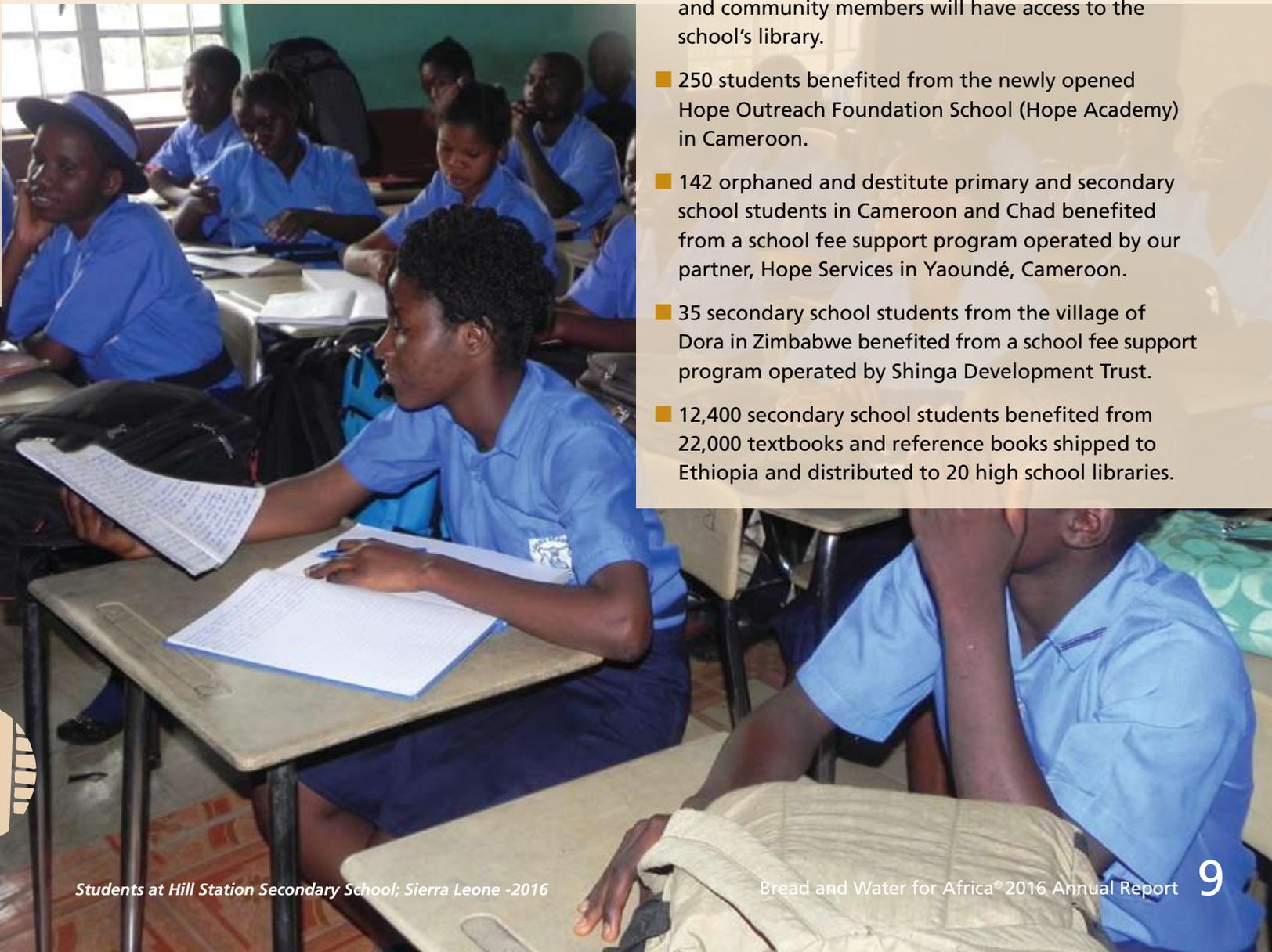


At Bread and Water for Africa® we strongly believe that educating children is not just an investment in the future of Africa – it is the future of Africa. Our partner organizations strive to get the youngest children off to the best start possible- beginning even before primary school, as well as help young adults acquire vocational skills to build a career or even start their own business.

2016 EDUCATION HIGHLIGHTS

■ 1,006 students received primary and secondary school education in Sierra Leone provided by Faith Healing Development Organization's four nursery schools, four primary schools and three secondary schools.

- 35 vulnerable children received financial aid for school tuition, school supplies, uniforms and other basic needs from the Lewa Children's Home outreach programs in the Eldoret and Kapsabet communities in Kenya.
- More than 100 students from the Kebeneti Secondary School in Kericho, Kenya are benefiting from the use of two new classrooms and a new science laboratory constructed by Bread and Water for Africa®.
- 3,009 students and teachers from the Albert Academy in Freetown, Sierra Leone benefited from the 22,000 secondary school textbooks and reference books shipped to the school through the Bread and Water for Africa® Bright Minds Project. In addition, 5,200 students and teachers from nearby schools and community members will have access to the school's library.
- 250 students benefited from the newly opened Hope Outreach Foundation School (Hope Academy) in Cameroon.
- 142 orphaned and destitute primary and secondary school students in Cameroon and Chad benefited from a school fee support program operated by our partner, Hope Services in Yaoundé, Cameroon.
- 35 secondary school students from the village of Dora in Zimbabwe benefited from a school fee support program operated by Shinga Development Trust.
- 12,400 secondary school students benefited from 22,000 textbooks and reference books shipped to Ethiopia and distributed to 20 high school libraries.



Despite Disability, Blandine Sees a Bright Future Ahead

Without the supporters of Bread and Water for Africa® there's no telling what Blandine's life would be like today.

Through a grant for school fees provided by Bread and Water for Africa® to our partner in Cameroon, Hope Services, a total of 84 boys and 58 girls, ages 4 – 21, were selected to have their primary or secondary school tuition paid for.

Among them was Blandine who was able to attend and graduate from secondary school with school fee assistance provided by Bread and Water for Africa®.

"They were selected through mostly on-field assessment by our resident missionaries, counselors and staff based on criteria such as degree of vulnerability and socio-economic status," said Hope Services CEO, Esther Ndichafah.

But after graduation what was the future to hold for Blandine, a smart young woman seeing a bright future for herself, despite being visually impaired?

Her goal was to be able to attend college and build a successful life for herself, but her greatest fear was that without tuition assistance from Bread and Water for Africa® and Hope Services she would never be able to realize her greatest dream.

"One remarkable and unique difference this particular program has made is that it has helped us to sponsor our first university student who is partially blind," Esther told us. "She has experienced a great feeling of fulfillment because she has no one to count on."

Esther acknowledged that she was unsure whether Hope Services would be able to pay for her univer-

sity education, having sponsored Blandine's school fees through the Bread and Water for Africa® school fee grant program for many years previously.

But then, Bread and Water for Africa® again stepped up with the grant funding necessary to assist in covering the cost of her tuition at the University of Bamenda, which is, of course, much more than secondary school.

"The funds made the difference," Esther said.

As for Blandine, her father has a chronic illness and her mother's small farm produces barely enough for the family to survive on.

"I would have dropped out of school, but thanks to Hope Services I am now in the university studying what I always dreamed of studying," she told us.

"Hope Services restored my hope and today, I can boast of an education," Blandine added.

Bread and Water for Africa® usually does not sponsor an individual's college tuition fees, but in the case of Blandine we could not turn our back on such a young woman who despite being visually impaired not only earned a secondary school diploma, but is determined not to let her disability prevent her from taking her as far as she is able to go.



Blandine, 2016

Meet Margaret Makambira, Founder and Executive Director, Shinga Development Trust

"You are impacting and uplifting the living standards of our people through your sponsorship. Thank you for bringing change."

– Margaret Makambira.

Margaret Makambira and her late husband Elimelech founded the Shinga Development Trust in 2000 to provide educational and vocational support for orphans and impoverished families in rural villages near the city of Mutare, Zimbabwe.

"Child protection is our passion," says Margaret.

But the obstacles and challenges are many in a country with an unemployment rate of nearly 90 percent and its economy on the verge of collapse.

"As a result, many of our people are not employed and cannot afford to put food on their family tables," she told us recently. "Many children roam the streets and villages as their parents cannot afford to pay school fees for them."

The hardest hit are the orphans and widows as the HIV/AIDS pandemic continues to claim thousands of lives there each year.

"With a collapsed health system, the situation is dire," she reported.

But for the past 17 years, Margaret has never given up hope on these children and families.

There are hundreds, if not thousands, whose lives have been transformed through her efforts with the Shinga Development Trust.

And for each child she sees that light at the end of a long, dark tunnel.

"Some of the orphans assisted by Bread and Water for Africa® are now in high schools and colleges, while others are now working," Margaret said.

"The number of deaths from malnutrition-related diseases has been reduced drastically. Many communities now have access to safe drinking water."

She also noted that through Shinga's partnership with Bread and Water for Africa® schools have been built, including a vocational training center for young adults to learn a trade. In addition, self-help projects offering microloans to entrepreneurs have been established "and many families are empowered."

Bread and Water for Africa® has also assisted many through our support of education and nutrition programs operated by Shinga, she added.

"Bread and Water for Africa® partnership with Shinga for several years has brought a lot of relief to many families," Margaret commented. "Words fail me to express how much Bread and Water for Africa® has faithfully supported our programs and impacted many, young and old."

"Your partnership has brought hope to many whose lives were hopeless. May God richly bless you as together we are touching and transforming lives."



Margaret Makambira, 2016



OFFICERS AND THANK YOU

Board of Directors

- James J. O'Brien, Esq., *Chairman*
- Eugene L. Krizek
- Clyde B. Richardson, *Treasurer*
- Emil Her Many Horses
- Robert J. Hisel, Jr.
- Captain Eric Jones
- Thomas M. O'Brien
- Frank L. Stitely, CPA
- Reverend Dr. Ketlen A. Solak
- Colonel John F. Williams

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- Bryan L. Krizek, *CEO (non-voting)*
- Paul Krizek, Esq., *Vice President/General Counsel (non-voting)*
- Nhi Ho Cao, *Secretary (non-voting)*

Executive Staff

- Bethelhem H. Tessema, *Executive Director*
- Bieu Do, *Chief Fiscal Officer*
- Dave Frank, *Fulfillment Manager*

We couldn't do it without you!

Thank you to all those who continue to support Bread and Water for Africa® and our partners!

We especially thank all Federal and Military personnel who have contributed to our organization through the Combined Federal Campaign (CFC) and state, local and corporate campaigns across the country.

We would also like to express our gratitude to:

- Landis Family Trust for the support of orphan care program in Kenya and the construction of Kebeneti Clinic laboratory and Kebeneti Secondary School classrooms and laboratory projects in

Kericho, Kenya.

- Michael and Delane Salkeld (ParaWest Management) for their support of orphan care program in Zambia, Sierra Leone and Health care program in Cameroon.
- J.Ward MacArthur for years of support to different BWA's programs.
- Dr. Kenneth Gerdes for funding the construction of the school projects in Cameroon and Sierra Leone.
- Arms Around Africa for the support of health care, education, and agriculture programs in Sierra Leone.
- Royer Family Foundation for the support of the Agriculture program in Sierra Leone.
- Neilom Foundation and CECD/ME and University of Maryland collage Park, MD for funding the Hill Station Primary and Secondary School water well project in Freetown, Sierra Leone.
- Medical Assistances programs (MAP International).
- University of Virginia Hospital Medical Inventory (MERCİ) Program.
- Market Development Group for creative work in promoting BWA's programs.
- Carillion Roanoke Memorial Hospital for health care program support.
- Sentara RMH for health care program support.



<http://www.facebook.com/BreadAndWaterForAfrica>



<http://www.twitter.com/BW4Africa>



<http://www.youtube.com/BWA4Africa>



FINANCIALS

Financial Statement

Statements of Activity-year ended June 30, 2016. The financial results depicted here are derived from the Bread and Water for Africa® June 30, 2016 audited financial statements, which contain an unmodified audit opinion. Our complete audited financial statements can be obtained at www.africanrelief.org or by calling 1-888-371-6622 and requesting a copy.

Support and Revenue

- Workplace Campaigns=\$105,374 (.64%)
- Cash contributions from Affiliate=\$200,000 (1.22%)
- Non-Cash Contributions from Affiliate=\$15,945,648 (97.38%)
- Other Cash Contributions=\$123,069 (.75%)

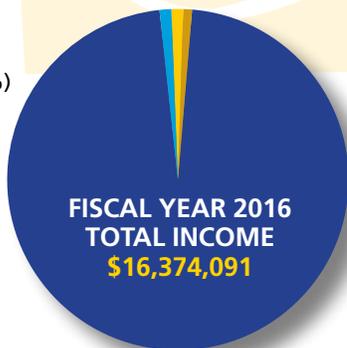
Expenses

- Program Service=\$16,526,930 (99.79%)
- Management & General and Fundraising= \$35,069 (.21%)

**99.79%
of Total
Expenses
Go Towards
Program
Services !**

SUPPORT & REVENUE

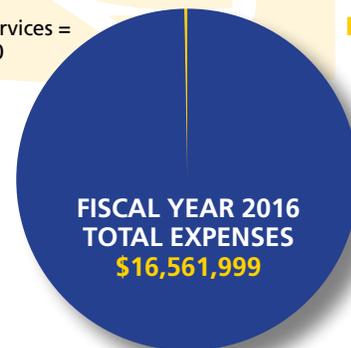
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EXPENSES

- Program Services = \$16,526,930 (99.79%)



- Management & General and Fundraising = \$35,069 (0.21%)





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Grateful community members for the new water well; Sierra Leone-2016