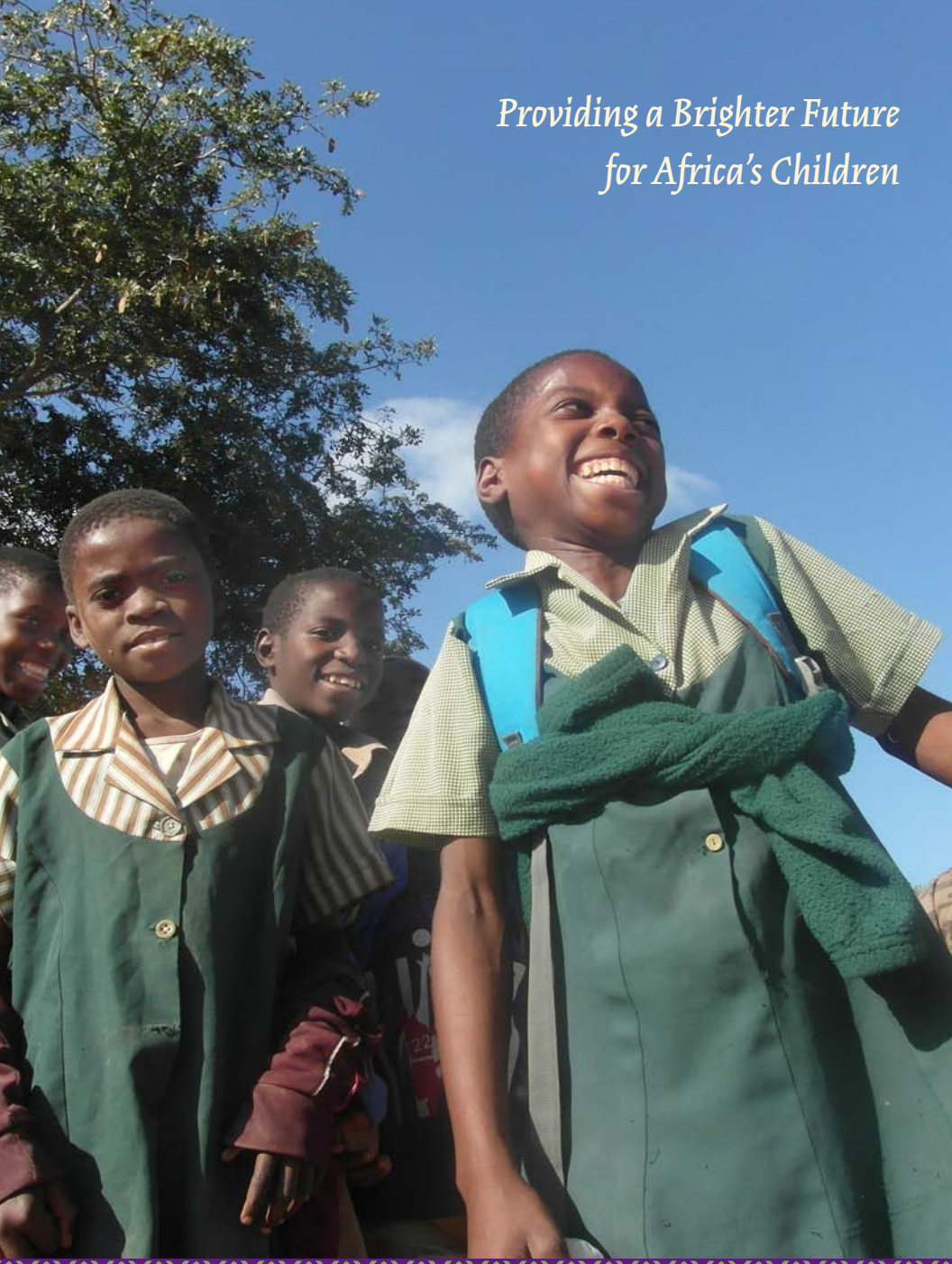
Providing a Brighter Future for Africa's Children



Bread and Water for Africa®

2013 Annual Report

Play time! Grace, Elisha and Hope at the Kabwata Orphanage and Transit Centre, Lusaka, Zambia. 2013

The mission of Bread and Water for Africa® is to promote positive changes in Africa by supporting and strengthening grassroots initiatives for community self-sufficiency, health and education.

A Message from the Executive Director

Greetings Friends and Supporters!

The following pages highlights Bread and Water for Africa's mission in action and the impact it has made on the lives of orphaned children, families and communities throughout Africa for Fiscal Year 2013. Despite shrinking resources, we continued to work diligently to find creative solutions to meet the needs of impoverished orphaned children and families in Africa. I extend my heartfelt gratitude and appreciation to our steadfast supporters for placing their trust in Bread and Water for Africa® and for joining us to reduce poverty in Africa through their generous support.

Bread and Water for Africa® strives for relief work that is self-sustaining. Funding projects and programs that are self-sustaining after the initial investment allows Bread and Water for Africa® to finance new and innovative ventures across the continent and gives local communities the satisfaction of being free from long-term dependence on outside assistance. This mutually beneficial program model has permitted us to impact the lives of tens of thousands of Africans.

Supporters like you have allowed Bread and Water for Africa® to achieve the successes highlighted in the following pages. My greatest joys are the individual stories of health, learning, and development showcased in this report, tempered by the knowledge that there is still so much more to be done. I look forward to your continued partnership to create a brighter future filled with hope for Africa's children.

On behalf of the Board of Directors, our spokesperson Phyllis Keino, our dedicated volunteers, staff, and most importantly, the thousands of African children we served in 2013, thank you for your continued support.

Sincerely,

Bethelhem Tessema
Executive Director

Executive Director, Beth Tessema, with International Spokesperson Phyllis Keino.

Who We Are

Since its inception in 1997, Bread and Water for Africa® has been committed to promoting positive changes in Africa. Through its partnerships with local grassroots organizations, Bread and Water for Africa® is committed to supporting and strengthening impoverished communities and working towards self-sufficiency and improvements in health, education, agricultural practices and sustainable energy.

Our Partners

Cameroon
Hope Services
Hope Outreach Foundation

Ethiopia
Haramaya University Health Center
Yeteem Children and Destitute Mothers Fund

Kenya
Baraka Farm
Kipkeino Primary School
Lewa Children's Home

Sierra Leone
Christian Health Association of Sierra Leone
Faith Healing Development Organization
Ndegbormei Development Organization
United Methodist Church

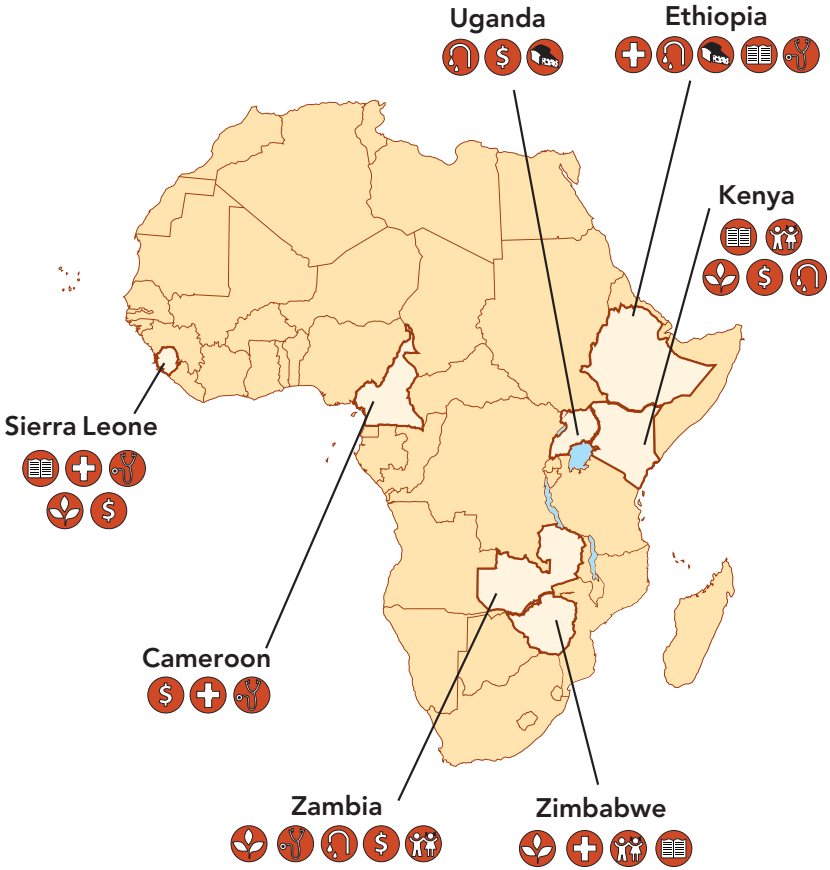
Uganda
Namunkanga Sustainable Farming Program/Evangelical Lutheran Church of Uganda

Zambia
Kabwata Orphanage and Transit Centre

Zimbabwe
Shinga Development Trust

Play time! at the Lewa Children's Home, Kenya, 2013

Where We Work



What We Do

- Education/Vocational Training
- Orphan Care
- Food Self-Sufficiency
- Agriculture
- Water Wells
- Basic Relief
- Health/Health Education
- Income Generation

Scan this QR code with your smartphone to view our website and learn more about our programs.

Children at the Lewa Childrens Home eat food grown at Baraka Farm, Kenya, 2013.
Inset photo: Workers at the Baraka Farm in Kenya tend to the fields, Kenya, 2013.

"Without Bread and Water for Africa® and its supporters, even if the dream and plan for the farm was here, we would have never been able to bring it to the level of operations it is today."

Jos Creemers, Baraka Farm Manager

Why Sustainability Is a Key

Bread and Water for Africa® focuses on sustainable programs that bring about real and positive changes in communities. Sustainable solutions like implementing agriculture training, as opposed to just providing food donations, empower the people in these communities to change their lives and the lives of their neighbors.

"Despite continuted economic growth, Africa still needs sustainable projects in communities to reduce poverty in each household. Our model, working with grassroots initiatives and supporting small-scale sustainable projects, helps to increase growth and reduce poverty in the communities we work with."

Bethelhem Tessema, Executive Director, Bread and Water for Africa

For example, programs like the Baraka Farm in Eldoret, Kenya establish long-term food, water, and income generating solutions. Baraka Farm provides food for both Lewa Children's Home and Kipkeino Primary School. But that isn't all the Farm accomplishes. With their additional crops that they sell, they are able to earn enough income to fund the school and home as they move toward self-sufficiency. Sustainable programs like Baraka Farm are the key to long-term growth and improvement in these communities and serve as promising models for future programs and projects in Africa.

Hard at work! A farmer from Afar, Ethiopia working on the irrigation water line, 2012

The Challenges

- In 2011, **over 53 million children** lost the care of one or both parents in Sub-Saharan Africa **due to infectious disease, conflict, malnutrition or displacement**.
- Sub-Saharan Africa has the **highest infant mortality rates in the world**. In Sierra Leone alone, **one in every five children will die before age five**.
- **One in four youth** in Sub-Saharan Africa **are illiterate**, making it difficult to learn job skills, understand their legal rights, and improve their circumstances.
- The growth and development of **two out of every five children** in Sub-Saharan Africa is stunted due to **poor nutrition during pregnancy and early childhood**.
- **Nearly 80%** of illnesses in developing countries are linked to **poor water and sanitation conditions**.

(UNICEF 2013)
(UNICEF Division of Policy and Strategy September 2013)
(UNESCO Institute for Statistics June 2013)
(UNICEF April 2013)
(The Water Project)

Destitute Children from Bangolan village, Cameroon 2013

Bread and Water for Africa® Actions

- The Lewa Children's Home in Eldoret, Kenya houses 73 children and supports 197 children in the community. It is located adjacent to the Baraka Farm, which provides both food and funding for the home.
- Our programs throughout Africa focus on basic health care needs for mothers and young children as well as general health care and HIV/AIDS education and awareness.
- Bread and Water for Africa® proudly supports the efforts of its partners that are opening and operating schools for children in the Eldoret community in Kenya, the Afar community in Ethiopia, and various locations in Sierra Leone that lack such facilities.
- Our partners work with the nomadic people of Afar, Ethiopia and with populations in other sub-Saharan countries including Zambia, Sierra Leone and Zimbabwe to provide training and help in development for food security and food self-sufficiency.
- Bread and Water for Africa® partners with numerous programs that are bringing clean water wells to communities throughout Uganda and other countries where citizens do not have access to safe drinking water.

Water is life! New water well in Rokel community providing water and life to 3,500 local residents, Sierra Leone, 2013

Orphan Care

For nearly two decades Bread and Water for Africa® local grassroots partners have provided African youth with nurturing homes, trauma counseling, and life skills development. Your generous support allows us to continue to provide education and nurturing of these bright minds.

2013 Orphan Care Recap

- 220 orphaned and abandoned children at Lewa Children's Home and Kabwata Orphanage and Transit Centre were provided with food, health care and education. *(Kenya and Zambia)*
- Over 650 children and youth benefited from Shinga's orphan feeding, education, and vocational training programs. *(Zimbabwe)*
- Over 400 children and workers benefited from the income generated by the Lewa Children's Home Guest House. *(Kenya)*

Dinner at the Kabwata Orphanage in Lusaka, Zambia 2013

Today, I Will Tell You My Story

My name is Waita and today, I would like to tell you my story. I wish I could say it was unique, special, or out of the ordinary - but unfortunately, there are many children in my home country of Zambia that share similar stories.

Waita, all grown-up into a smiling young lady, here to tell her story, Lusaka, Zambia 2013

When I was 6 years old, my four-year old brother and me lost our parents and were left alone. We did have an older brother who tried very hard to care for us. He would sell empty bottles on the streets so that sometimes we could eat. It was very difficult. Some days he made some money and we could eat, but most of the time days would pass before he could earn anything for food. It was also hard because he had to spend all day on the street and so my younger brother and I were left at a church that looked after vulnerable children. But soon our beloved church no longer had the necessary assistance to help us.

"Without Mrs. Angela and the Kabwata orphanage, I couldn't imagine how my life may have ended up."

It was at this time that my and my brother's story might come to an end. A child alone in the world cannot survive for very long. But then, Mrs. Angela came to the church one day and took my brother and I to the Kabwata orphanage. She told us she was building a home for children who needed one, just like my brother and I. After that day, we had food, clean water, and a bed to sleep in. It was like a dream! Without Mrs. Angela and the Kabwata orphanage, I couldn't imagine how my life may have ended up.

Today, I am 21 years old and have just completed my education. I concentrated in video production and currently work on attachment at a local television station in Lusaka. Thanks to Mrs. Angela, our home at Kabwata orphanage, and the kind supporters of Bread and Water for Africa®, I can provide my little brother with a role model he deserves and I was able to get an education and a chance to do more with my life. Because of caring supporters, my story has a happy ending.

A pregnant woman receiving attention from a nurse at the Bunumbu Clinic, one of the Faith Healing Development Organization clinics in Sierra Leone, 2013

Women who were mostly affected during the war, who could not afford to provide a day's meal for themselves and a basic maternal care they need to survive, but now, the pregnant women do have maternal care. Thank you!"

Rev. Frances A.M. Mambu, Executive Director, Faith Healing Development Organization, Sierra Leone

Health Care

Health care is vital to the communities of sub-Saharan Africa. Because of generous and caring supporters, Bread and Water for Africa® and its partners in impoverished regions such as Sierra Leone provided expectant mothers with quality health care to reduce infant mortality rates.

2013 Health Care Recap

- Over 37,000 patients benefited from 201,610 Rehydration Salt Packets which were sent to the Faith Healing Development Organization for their five clinics in response to the Sierra Leone cholera epidemic. *(Sierra Leone)*
- Over 25,000 patients received quality medical treatment as well as educational services at the Haramaya University Hospitals. *(Ethiopia)*
- Over 3,200 Cameroonians benefited from donations of medical supplies, hygiene items, and school materials to the Hope Services and Hope Outreach Foundation International Program. *(Cameroon)*

A young boy receiving affordable medical treatment at the Hope Services clinic in Yaoundé, Cameroon, 2013.

Education

Bread and Water for Africa® strongly believes that education isn't just an investment in the future of Africa — education is the future of Africa. We have collaborated with local grassroots partners in Africa to provide primary education in poor communities in Africa. Supporting these programs gave thousands of children a chance at a better life and future.

2013 Education and Vocational Training Recap

- 720 Students received primary and secondary school education through grants provided to the Faith Healing Development Organization, with the first class set to graduate in 2016! *(Sierra Leone)*
- 389 children from the Lewa Children's Home and the surrounding area received primary education and quality nursery care through the Kipkeino Primary School. *(Kenya)*
- 159 vulnerable, local Eldoret children received financial aid for school tuition, uniforms, supplies and other basic needs. *(Kenya)*
- 42 students graduated from Yeteem computer training school that has been supported by Bread and Water for Africa® the last 10 years in Afar and Addis Ababa. *(Ethiopia)*

Morning school assembly at the Logos Academy, a school built and operated by Faith Healing Development Organization in Grafton, Sierra Leone, 2013.

Skills Training for Better Livelihoods and Reduction of Poverty: Meet Meseret from Ethiopia

Bread and Water for Africa® partners with organizations just like Yeteem Children and Destitute Mothers Fund to provide education and vocational training to individuals who do not have the means to pay for their own schooling. Just like Meseret, those who have been helped by these programs want to help others just like them, thereby creating a cycle of impact far greater than imagined by realizing their own goals as well as providing others in their own community with the capacity to do the same.

Meseret has a brighter future thanks to you!

After completing her secondary education, Meseret thought she had exhausted all potential educational opportunities. Although she desired to continue learning, hoping to be trained in computer science, she simply could not pay the fees required for the training courses. Her father had passed away and her mother's work did not provide enough income to pay for both the schooling of Meseret's younger sisters and her own training in computer science.

But thanks to Yeteem, Meseret can look upon a brighter future for her and her family.

Before all hope was lost, Meseret was able to fulfill her dream through the free computer-training program provided by the Ethiopian NGO, Yeteem Children and Destitute Mothers Fund. Through the program, Meseret was given renewed hope and the practical tools she needed to pursue a career. Without education and training, it is nearly impossible to break the suffocating cycle of poverty that had similarly trapped Meseret's mother into back-breaking work that could barely support her children. But thanks to Yeteem, Meseret can look upon a brighter future for her and her family.

Meseret's relationship with Yeteem did not end when she completed her training. Today, she works with Yeteem as an assistant to the teacher of that same training program from which she graduated. Meseret's work is providing her with practical experience in her desired vocation - teaching – and, at the same time, she is able to help others fulfill their own dreams through the training that Yeteem offered her when she too needed an extra hand.

Mrs. Angela Miyanda, at the Kabwata Banana Farm, Zambia, 2013

"We (at Kabwata) are inspired by the model that the Lewa Children's Home has used with the Baraka Farm. Now we are able to help support ourselves."

Angela Miyanda, Founder and Executive Director, Kabwata Orphanage and Transit Centre, Zambia

Food Security and Agriculture

2013 Food Security and Agriculture Recap

- Over 2,000 children under the age of five and pregnant and breastfeeding women received supplemental food, providing important nutrition during this critical stage of their lives. *(Sierra Leone)*

- Over 140 orphans were served fresh fruits, garden fresh vegetables, milk, grains and meat daily and over 250 people including seasonal employees now have the opportunity for employment at the Baraka Farm. *(Kenya)*

- Over 150 children at the Kabwata Orphanage and Transit Centre will benefit annually from the expansion of the banana plantation, which provides nutritious bananas for the children as well as generating a surplus income for the orphanage operations starting December 2013. *(Zambia)*

Enjoying the Baraka Farm milk! Snack time at the Lewa Children's Home Eldoret, Kenya, 2013

Our Board of Officers and Directors

James J. O'Brien, Esq., Chairman
Eugene L. Krizek, President
Clyde B. Richardson, Treasurer
Katsi Cook
Emil Her Many Horses
Robert J. Hisel
Reverend Charles T. Holliday
Tracy Kelso, MSW
Thomas M. O'Brien
Frank L. Stitely, CPA

Officers

Bryan L. Krizek, CEO (non-voting)
Paul Krizek, Esq., Vice President (non-voting)
Nisha Singh, Secretary (non-voting)

Executive Staff

Bethelhem H. Tessema,
Executive Director
Bieu Do, Controller

CFC #10750

CHARITIES UNDER 1% Overhead

WE COULDN'T DO IT WITHOUT YOU!

Thank you to all those who continue to support Bread and Water for Africa® and its partners!

We especially thank the many Federal public workers and members of the Military who have contributed to Bread and Water for Africa® through the Combined Federal Campaign (CFC) and state, local and corporate campaigns across the country.

We also express our deep gratitude to: Dr. Kenneth Gerdes for funding the construction of the Secondary School in Eldoret, Kenya; and to Michael and Delane Salkeld for their support of Kabwata Orphanage and Transit Centre in Zambia.

"The Zambian children are grateful for all the support that you have rendered to them. Your kindness has contributed to the children's well- being."

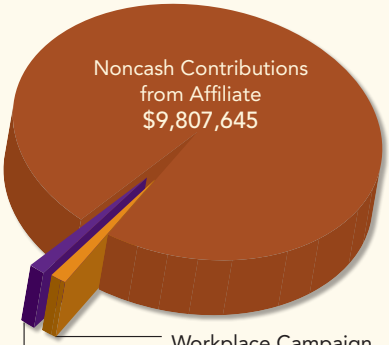
Angela Miyanda, Founder and Executive Director, Kabwata Orphanage and Transit Centre, Zambia

A thank you note to Bread and Water for Africa® donors and supporters from the Kabwata Orphanage and Transit Centre, Zambia, 2013.

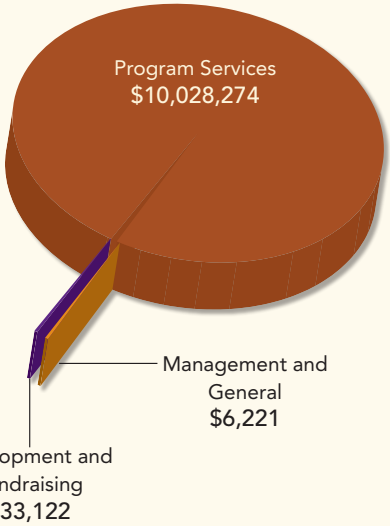
Financials

Statement of Activities - Year ended June 30, 2013. The financial results depicted here are derived from the Bread and Water for Africa® June 30, 2013 consolidated financial statements, which contain an unmodified audit opinion. Our complete audited financial statements can be obtained at www.africanrelief.org or by calling 1-888-371-6622 and requesting a copy.

Total Support and Revenue
$10,074,124



Total Expenses
$10,067,617



99% of Total Expenses Go Towards Program Services!

Connect with Us!

https://www.facebook.com/BreadAndWaterForAfrica

http://www.youtube.com/africanrelief

https://twitter.com/BW4Africa

Scan the QR Code to make a secure donation online or go to https://www.africanrelief.org/give.html

---

Front cover image: Matika Primary School students wake up early for school in the morning, Zimbabwe, 2013

Back cover image: Say Cheese! Grace, and Elisha are always camera-ready at the Kabwata Orphanage and Transit Centre, Lusaka, Zambia. 2013.

Bread and Water for Africa®

8301 Richmond Highway, Suite 300, Alexandria, VA 22309
703-317-9440 • 1-888-371-6622 • info@africanrelief.org
www.africanrelief.org